

2013 ON Lifesaving Championship WF - Toronto**Masters Division****Results****Event 1 Women 30-39 2000 LC Meter Iron Guard 30-39**

Name	Age	Team	Finals Time	Points
1 Wong, Kitty	30	Rouge Valley Lifesaving Club	0.03	20
2 Amar, Michelle	37	Richmond Hill Lifesaving Club	0.08	18
3 Wong, Carmen	31	Richmond Hill Lifesaving Club	0.09	16

Event 1 Women 30-39 2000 LC Meter Iron Guard 40-49

1 Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.04	20
2 Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.07	18

Event 1 Boys 30-39 2000 LC Meter Iron Guard 30-39

1 Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.01	20
2 Panchoo, Arlen	33	Ottawa Valley Lifesaving Club	0.05	18
3 Lee, Hin Lun	31	Rouge Valley Lifesaving Club	0.06	16

Event 1 Boys 30-39 2000 LC Meter Iron Guard 40-49

1 Ruddle, Scott	44	Grand Bend Beach Patrol	0.02	20
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Event 2 Women 30-39 2000 LC Meter Beach Run 30-39

1 Wong, Carmen	31	Richmond Hill Lifesaving Club	0.05	20
2 Amar, Michelle	37	Richmond Hill Lifesaving Club	0.07	18

Event 2 Women 40-49 2000 LC Meter Beach Run 40-49

1 Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.04	20
2 Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.06	18

Event 2 Men 30-39 2000 LC Meter Beach Run 30-39

1 Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.01	20
2 Lee, Hin Lun	31	Rouge Valley Lifesaving Club	0.03	18

Event 2 Men 40-49 2000 LC Meter Beach Run 40-49

1 Ruddle, Scott	44	Grand Bend Beach Patrol	0.02	20
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Event 3 Women 30-39 600 LC Meter Board Race 30-39

1 Wong, Kitty	30	Rouge Valley Lifesaving Club	0.03	20
2 Galea, Jennifer	37	Richmond Hill Lifesaving Club	0.05	18
3 Amar, Michelle	37	Richmond Hill Lifesaving Club	0.09	16
4 Wong, Carmen	31	Richmond Hill Lifesaving Club	0.10	14

Event 3 Women 40-49 600 LC Meter Board Race 40-49

1 Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.04	20
2 Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.08	18

Event 3 Men 30-39 600 LC Meter Board Race 30-39

1 Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.01	20
2 Lee, Hin Lun	31	Rouge Valley Lifesaving Club	0.06	18
3 Panchoo, Arlen	33	Ottawa Valley Lifesaving Club	0.07	16

Event 3 Men 40-49 600 LC Meter Board Race 40-49

1 Ruddle, Scott	44	Grand Bend Beach Patrol	0.02	20
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Event 4 Women 30-39 400 LC Meter Surf Race 30-39

1 Amar, Michelle	37	Richmond Hill Lifesaving Club	0.03	20
2 Galea, Jennifer	37	Richmond Hill Lifesaving Club	0.04	18
3 Wong, Kitty	30	Rouge Valley Lifesaving Club	0.09	16
4 Wong, Carmen	31	Richmond Hill Lifesaving Club	0.10	14

2013 ON Lifesaving Championship WF - Toronto**Masters Division****Results****Event 4 Women 40-49 400 LC Meter Surf Race 40-49**

1	Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.05	20
2	Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.06	18

Event 4 Men 30-39 400 LC Meter Surf Race 30-39

1	Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.01	20
2	Panchoo, Arlen	33	Ottawa Valley Lifesaving Club	0.07	18
3	Lee, Hin Lun	31	Rouge Valley Lifesaving Club	0.08	16

Event 4 Men 40-49 400 LC Meter Surf Race 40-49

1	Ruddle, Scott	44	Grand Bend Beach Patrol	0.02	20
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Event 5 Women 30-39 700 LC Meter Ski Race 30-39

1	Wong, Kitty	30	Rouge Valley Lifesaving Club	0.03	20
2	Amar, Michelle	37	Richmond Hill Lifesaving Club	0.06	18
3	Wong, Carmen	31	Richmond Hill Lifesaving Club	0.07	16
4	Galea, Jennifer	37	Richmond Hill Lifesaving Club	0.08	14

Event 5 Women 40-49 700 LC Meter Ski Race 40-49

1	Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.04	20
2	Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.05	18

Event 5 Men 30-39 700 LC Meter Ski Race 30-39

1	Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.01	20
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Event 5 Men 40-49 700 LC Meter Ski Race 40-49

1	Ruddle, Scott	44	Grand Bend Beach Patrol	0.02	20
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Event 6 Women 30-39 700 LC Meter Beach Flags 30-39

1	Wong, Kitty	30	Rouge Valley Lifesaving Club	0.01	20
2	Wong, Carmen	31	Richmond Hill Lifesaving Club	0.02	18
3	Amar, Michelle	37	Richmond Hill Lifesaving Club	0.03	16

Event 6 Women 40-49 700 LC Meter Beach Flags 40-49

1	Reid, Shanna	48	Saugeen Shores Lifesaving Club	0.01	20
2	Pugh, Charlene	41	Richmond Hill Lifesaving Club	0.02	18

Event 6 Men 30-39 700 LC Meter Beach Flags 30-39

1	Panchoo, Arlen	33	Ottawa Valley Lifesaving Club	0.01	20
2	Lindsay, Chris	36	Ottawa Valley Lifesaving Club	0.02	18
---	Lee, Hin Lun	31	Rouge Valley Lifesaving Club	DQ	

Event 6 Men 40-49 700 LC Meter Beach Flags 40-49

1	Ruddle, Scott	44	Grand Bend Beach Patrol	0.01	20
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